



GREAT QUESTIONS FOR ANYONE

- Tell me about one of the most important people in your life.
- Tell me about the person who has had the greatest influence on your life. What lessons did they teach you?
- Who has been the kindest to you and why?
- Share some important lessons you've learned in life.
- Share some of your earliest childhood memories.
- Are there any funny stories people tell about you from when you were growing up?
- What have you accomplished so far personally and professionally—that makes you proudest? Why?
- Tell me how you would like people to remember you.
- Would you be willing to share a happy or sad memory with me?

 Thinking about future generations, and knowing that they may hear this recording, is there wisdom or advice you would like to share with them?

FAMILY HERITAGE

- Tell me about some traditions that have been passed down through our family.
 When and how did they get started?
- Are there any classic family jokes, stories, or songs you can share with me?
- What do you see as our family's legacy?
- Where were our ancestors born? If they moved to the United States, when did they arrive?
- What are some of the jobs/careers held by past generations in our family?
- Of all the family members you have either known or heard stories about, who do you think lived the most interesting life? Why?
- What are your favorite family holidays, and why?



GRANDPARENTS

- Tell me about your parents.
- Tell me about your grandparents.
- Where did you grow up, and what was your childhood like?
- Share with me the story of how you and your spouse met.
- Tell me about when you found out you were going to be a parent.
- What was my parent like when they were growing up? Do you have any favorite stories about them?
- Do you remember any songs you sang to them when they were a baby? Can you sing any for me now?

GROWING UP & SCHOOL

- Tell me about where you grew up and what your childhood was like.
- Did you like going to school? Why/why not?
- What are your most vivid memories of school?
- Tell me about a teacher or other adult that impacted your life while you were growing up.
- What did you do during the summer when you were off from school?
- What jobs did you have when you were a teenager? What did you do with the money you earned?
- If you could go back and relive your teenage years, would you? Why/why not?

- Did you have a nickname? What was it, and how did you get it? Does anyone still call you by that nickname?
- Has your life been different from what you imagined as a teenager?

LOVE & RELATIONSHIPS

- Tell me about the love of your life.
- How did you meet your spouse/partner?
- Describe your first date with your spouse/ partner.
- Describe your marriage proposal.
- Tell me about your wedding day. Did it go as you imagined?
- Where did you spend your honeymoon?
- What have you learned from your spouse/ partner?
- Tell me about your happiest moments together.

WORKING

- What job do you currently hold, and what jobs have you held in the past?
- How did you find your way to your current job/career?
- Thinking of the jobs you've held, is there one that stands out as your favorite?
- When you were younger, what did you imagine your job would be?
- What lessons has working taught you?
- If you could choose any career, what would you pick? Why?



ELECTIONS & CIVIC ENGAGEMENT

- How do you feel affected by the current election?
- What elections stand out in your mind, and
- What was it like to vote for the first time?
- Has there ever been a time in your life when you wanted to vote, but were not able to? What was that like?
- What issues do vou consider when choosing a candidate?
- What advice would you give to a first-time voter?
- What does civic participation mean to
- Has a changing role in your community, job, or home ever affected your civic participation?
- Over the years, have you changed your opinion about any major political issues? If so, which issues and why?

MILITARY SERVICE

- When were you in the military? Which branch did you serve in?
- What motivated you to join the military?
- Tell me about basic training. Were you prepared for military life? What were you unprepared for?
- Describe your daily life while in the service.
- What is the most difficult part of being in the military?
- Did you serve in a war zone? When and where?

- What lessons did your service teach you that you still carry with you?
- Describe your transition from military to civilian life. Was it easy or difficult? Why?
- If given the opportunity, would you serve in the military again? Why?

RELIGION AND SPIRITUALITY

- When you were growing up, what role did religion/spirituality play in your life?
- What does religion/spirituality mean to you, and what role does it play in your life today?
- Have you ever had a profound religious/ spiritual experience? Will you tell me about it?
- What important lessons have your religious/spiritual beliefs taught you? Will you share them with me?
- Do you have any favorite religious holidays? What do they mean to you?

COVID-19-SPECIFIC QUESTIONS

- What has it been like for you to live through this pandemic?
- How has this experience made you feel?
- Are you afraid? What frightens you?
- What has given you comfort and hope during this time?
- What has been the most challenging part of this experience?
- How is this experience different from other historical events you've lived through?



- Do you or have you had COVID-19? What was that experience like for you?
- What memory of this time do you think will stay with you?
- Has this experience changed you? If so, how?
- What lessons have you learned from living through this pandemic?
- Is there anything you want to say to me given what we're living through at this moment?

QUESTIONS ABOUT THE BLACK LIVES MATTER PROTESTS

- What have been your thoughts and feelings as you've watched (and/or participated in)
 Black Lives Matter demonstrations?
- What lesson(s) do you hope our country can take from this moment?
- What has been hardest for you at this time?
- What are your hopes for the future of this country?
- What are your dreams for me?

QUESTIONS ABOUT SEGREGATION AND CIVIL RIGHTS

- Do you have any stories about how segregation was for your family or you? How, if at all, has the ending of segregation changed your life?
- Do you have any stories that can help me understand any personal reaction you had to an incident of prejudice?
- Can you talk about how your family or you participated in the Civil Rights movement?

- How, if at all, has the Civil Rights movement affected you personally?
- Can you talk about any barriers your parents or you have faced in education, housing, health, work, entertainment, shopping, or otherwise?
- If your family has not always been able to vote, what were the circumstances that kept them from voting?
- Do you have any stories about how things have changed for the better? Or any stories that show how things have not changed?